



# May

## 2019

### IMPORTANT DATES

Thur	May 2 <sup>nd</sup>
Mon	May 6 <sup>th</sup>
Sat	May 11 <sup>th</sup>
Thur	May 23 <sup>rd</sup>
Mon-Tue	May 27 <sup>th</sup> -28 <sup>th</sup>
Wed	May 29 <sup>th</sup>
Fri	May 31 <sup>st</sup>
Wed-Thur	June 5 <sup>th</sup> -6 <sup>th</sup>
Wed	June 12 <sup>th</sup>
Wed	June 12 <sup>th</sup>
Fri	June 14 <sup>th</sup>
Fri	June 21 <sup>st</sup>
Fri	June 28 <sup>th</sup>

School Closed for Local Council Election

School Closed for Bank Holiday

**P4 First Holy Communion in St Therese of Lisieux Church at 10am**

Possibility of School Being Closed for European Election

School Closed for the Bank Holiday

Parent Workshop-How to Stay Calm in Spite of Your Circumstances 9am

FS Sports Day (weather permitting) P1-2

P7 Production of Oliver

P1 Induction Day (for children starting in Sept 2019)

Truly Fare will be selling PE uniforms in the hall from 8.30am

KS1 Sports Day (weather permitting) P3-4

KS2 Sports Day (weather permitting) P5-7. Please note changed date.

School will close for the summer break at noon.

### ASSEMBLIES

P3 Year Group – Fri May 10<sup>th</sup> at 9.30am

P1 Miss Bannon – Fri May 17<sup>th</sup> at 9.30am

P1 Ms Dorman – Fri June 21<sup>st</sup> at 9.30am

Parents are very welcome to attend.

### TROCAIRE

The children have taken part in some very creative activities to raise funds for Trocaire. Thank you all for your generosity in sponsoring the children. Please send in any remaining money so that we can get it to Trocaire as soon as possible.

### SCHOOL COUNCIL BALLOT

Congratulations to all the children who won prizes in the children's Easter ballot. Thanks again to the McCready family for the fabulous Easter hamper. The school council will use the money raised to buy more small games/equipment for lunchtime activities.

### PE UNIFORMS

Congratulations to Brogan, Ciaran and Sierra who have won the wonderful PE uniform prizes this term. There are some fabulous prizes left. To be in with a chance to win, children from P3-P7 just have to wear the correct PE uniform to school on their PE day-school sweatshirt, pale blue polo shirt, plain navy jogging bottoms/shorts and dark trainers. We ask that branded sportswear is not worn to school as it is not part of our uniform. **Truly Fare will have a stall in school on Wed June 12<sup>th</sup> selling PE uniforms, from 8.30am until noon. They will have stock to sell but you can order and pay online if you wish. Please visit their website for further information <http://www.truly-fare.co.uk/>**

### AFTERSCHOOLS

After-school clubs began this week. There's still time to register for a club. An overview of all the clubs is available on the school website under the 'Parent Information' tab.

### TALKING ABOUT TOUGH ISSUES

Congratulations to the parents who took part in Talking About Tough Issues, a parenting programme for families with children who are about to become teenagers. It was a great success. Comments from participants including "life-changing", "brilliant course", "really enjoyable" and "real-world" indicate how practical and relevant it was. All the participants said they would recommend it to family and friends. We will try to ensure that we run it again next year.



### MORNING SUPERVISION

The playground is supervised from 8.45am daily. Only children at the breakfast club should be in school before this time. Breakfast Club is open at 8am-it does **not** have to be booked in advance.

### FOLLOW US ON TWITTER

## PTA

The PTA will be hosting refreshments after the First Holy Communion on Sat May 11<sup>th</sup>. They ask that donations of cakes, biscuits, buns etc are left at the office by Fri May 10<sup>th</sup>. The PTA have arranged for a photographer to be here on the morning of the First Holy Communion. If you wish to have photos taken you must pay in cash on the day and photos will be emailed to you as soon as possible.

## MENTAL HEALTH AND WELLBEING

We have been offered a free workshop for P6 pupils and for all parents who are interested, entitled "How to Stay Calm in Spite of Your Circumstances". This programme has been devised by Dr Des Rice, a psychotherapist, and Mrs Brigen Rice, a teacher, in response to the high levels of anxiety in life today. The P6 pupils will have two workshops before the end of term. All parents are invited to a workshop in the school hall at 9am on Wed May 29<sup>th</sup>. It will last about an hour and will give practical strategies to help manage stress and anxiety in your own life and in your child's'. A registration form will be sent home shortly.

## SCHOOL DEVELOPMENT PLAN

We are at the end of our three year School Development Planning cycle and will be consulting with pupils and parents before drawing up our new plan. Please look out for a letter and a text in the next few days which will tell you how you can share your views with us.

## LEFT TO THEIR OWN DEVICES?

A ticketed event in Orangefield Presbyterian Church in Castlereagh Road on Tue May 21<sup>st</sup>. It promises to provide parents with 'perception-shifting insights into the today's increasingly digital world' and practical ways to 'nurture online resilience within your family'. To book see [www.cff.org.uk/owndevices](http://www.cff.org.uk/owndevices)

## GRANTS

As you know we have been very fortunate recently, winning a couple of grants (Aviva and City Airport). We have also been awarded £2000 from Micro Focus, a local company who like to donate to local worthwhile causes. From 23rd April till to 17th May, Ecclesiastical Insurance are giving away £1m. £500k of this will be made up of £1000 for 500 different charities. Winning charities are randomly selected, so the more nominations a charity has the better. Please nominate our PTA, charity number is 101752.

<https://www.ecclesiastical.com/movement-for-good/>

## BASKETBALL

Pupils from P5-7 participated in two basketball tournaments in La Salle College. Throughout both afternoons our team displayed high intensity spectacles. The control, skill and accuracy was exhilarating for the spectators and the talent of our children was noted by the organisers and referees.

## HEALTH AND FITNESS WEEK

Holy Week began with a 3-day health and fitness challenge to kick start a healthy Easter. The children participated in HIIT sessions, Go Noodle dances, skipping, hula hooping, Born 2 Move, activity based homeworks and healthy snack tasting. It is strongly recommended that children engage in at least 60 minutes physical activity a day.



## NAOMH EANNA HURLING BLITZ

Well done to the boys and girls from P4-P6 who participated in the annual hurling Blitz at UUJ. They eagerly stepped in for the P7's as they were on residential and displayed a tremendous afternoon of competitive hurling.

## GAELIC CHAMPIONSHIP

The boys played three hard fought games of football. Unfortunately, they did not make it through to the next round but their teamwork and commitment will keep them going for next year.

## CORN GERARD LAWLOR

It was a pleasure to be invited back to the Corn Gerard Lawlor and as always it provided an exciting day of football. The scoreboard unfortunately did not reflect the determination on show from all the boys. The day showcased many fine clean catches and sublime scores, particularly from Ruairi McKearney and Se Steele.

## CROSS COUNTRY

April 2<sup>nd</sup> brought the Cross Country heat for our boys' and girls' teams. Again another challenging course, however it did not deter Dara Cassidy, Michael McKenna and Joe Sheridan all being placed within the top 10. The boys team will progress to the next round in May at the Ormeau Park and we wish them the very best of luck.

## FAMILY SUPPORT NI

Family Support NI have a new website. This has a directory of support services and organisations, including childcare services, that are available locally and across Northern Ireland. [www.familysupportni.gov.uk](http://www.familysupportni.gov.uk).

## SUN SAFETY

Hopefully, we will have lovely weather this term. Please make sure your child has a sunhat (labelled with name and class) and remember to apply sun cream if it is very hot.