

# ST THERESE OF LISIEUX CHOICE MENU WEEK 1 - 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Savory Mince Carrots Mashed potatoes Lasagne Salad & Coleslaw Wheaten Bread Crusty Bread Jam & Coconut Sponge Custard	Chicken Curry & Rice & * Naan Bread Chicken Fillets & Gravy Sweet Corn/ Peas  Freshly Made Oven Roast Potatoes Flake meal Biscuit Fresh Fruit & Milkshake	Roast Gammon *  Cabbage or Carrots Stuffing & Gravy Mashed & Oven Roast Potatoes Fresh Fruit Salad Yogurt	Chicken Nuggets Beans/ Peas Mashed Potatoes  Chicken Tikka & Rice Naan Bread Muffins Fresh Fruit Milk	Fish Fingers Selection of Salads  Tuna Baguette Peas Chips Baked Potatoes Frozen Mousse Fresh Fruit
Week Two	Sausage Pie Pasta Bolognaise Crusty Bread Beans / Peas  Mashed Potatoes  Rice Pudding & Fruit	Chicken Casserole Rice Chicken Curry & Rice Naan Bread Sweet corn & Peas Mashed Potatoes  Fruit Sponge Custard	Roast Beef * Carrot & Parsnip Cauliflower Stuffing & Gravy  Mashed & Oven Roast Potatoes Fresh Fruit Salad Yogurt	Fish Bites Sweet Corn Mashed Potatoes Gravy Sweet Chili Chicken & Noodles Ginger Biscuit Fresh Fruit Milkshake	Beef Burger & Bap Selection of Salads Coleslaw Cheese & Tomato Pizza Chips/Baked potatoes  Frozen Yogurts Fresh Fruit
Week Three	Pasta Bolognaise Crusty Bread Bacon Rolls & Gravy Sweet Corn Mashed Potatoes  Chocolate Sponge & Custard	Chicken Curry & Rice * & Naan Bread Peppered Chicken Mixed Vegetables Freshly Made Oven Roast Potatoes  Fresh Fruit Salad Yogurt	Roast Pork * Turnip Stuffing & Gravy  Mashed & Oven Roast Potatoes  Jelly & Ice Cream	Breaded Fish Cheese & Tomato Pizza Peas Mashed Potatoes Gravy Flake meal Biscuit Fresh Fruit Milkshake	Hotdogs & Onions Selection of Salads Chicken Wrap  Beans/ Peas Chips/Baked potatoes  Frozen Mousse Fresh Fruit
Week Four	Savory Mince Beef Bolognaise Pasta Bake  Turnip & Broccoli Mashed Potatoes Fresh Oven Baked Diced Potatoes  Date Krispie & Custard	Chicken Tikka Masala Rice & Naan Bread Chicken Fillets & Gravy Sweetcorn & Peas  Mashed Potato  Sponge & Custard	Roast Turkey * Stuffing & Gravy  Carrot & Parsnip  Mashed & Oven Roast Potatoes Fresh Fruit Salad Yogurt	Salmon Fishcakes Peas BBQ Pulled Pork Ciabatta Mashed Potatoes Gravy Shortbread Fresh Fruit Milkshake	Oven Baked Sausages Ham & Cheese Baguettes Beans/ Peas Chips/Baked potatoes  Frozen Mousse Fresh Fruit

# school food

Try Something New today

[www.schoolfoodni.com](http://www.schoolfoodni.com)

*Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily*

*If you require any additional information on allergens or Special diets please contact the school in the first instance*

