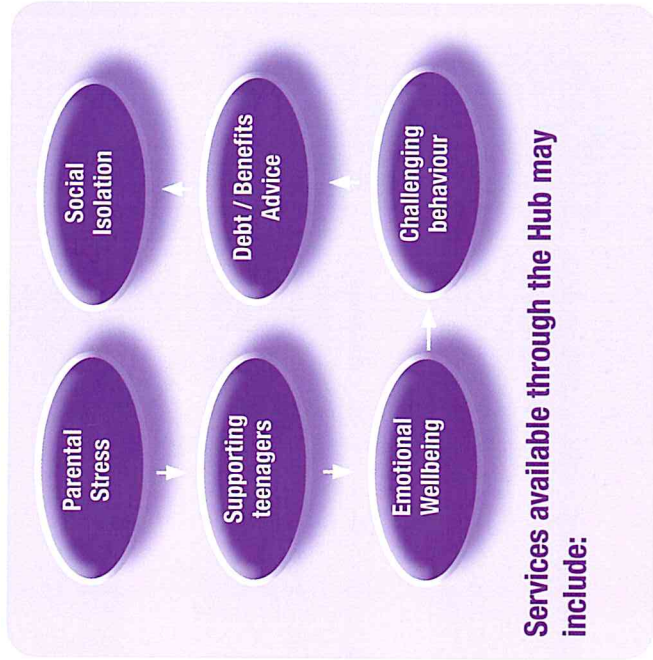
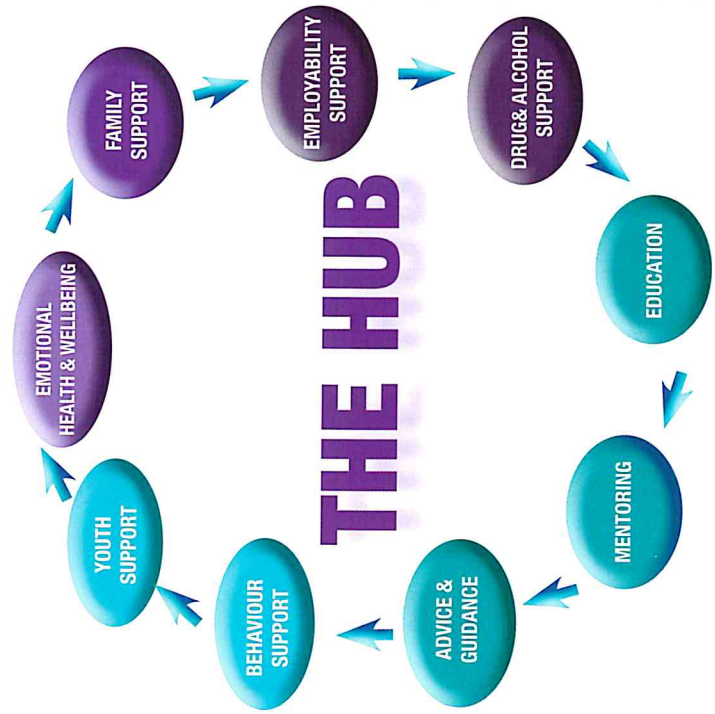


Examples of issues the hub can help with:



Services available through the Hub may include:



For further information, contact your local Family Support Hub Co-ordinator

Edith McManus  
Co-ordinator  
Lower North Belfast Family Support Hub  
028 90749986  
or  
edith.mcmanus@ashtoncentre.com



## Belfast Family Support Hub Network

- EMOTIONAL & WELL BEING • PARENTING SUPPORT •
- FAMILY SUPPORT • BENEFITS ADVICE • YOUTH SUPPORT •
- ADVICE & GUIDANCE • EDUCATION • MENTORING •
- SUPPORT • YOUTH SUPPORT • BEHAVIOUR SUPPORT •



### What is a Family Support Hub?

- A Family Support Hub brings together organisations that can offer support to families with children (0-18 years). This includes community, statutory and voluntary organisations.
- The Family Support Hub meets once per month, to match requests from families for support, to the most appropriate service(s). Each Hub has a Co-ordinator who has a good knowledge of local support services for families and will work in partnership with you and your family to connect you to the most appropriate supports.

### Your local Family Support Hub Co-ordinator understands...

- Being a parent can be very rewarding but can also be very challenging.
- Family life is dynamic and it can sometimes be stressful for family members managing the pressures of daily life.
- Sometimes it's hard to know where to turn to for support.

### If you decide to seek support through your local Hub...

- Your family's needs will be the focus.
- Support options will be offered.
- You will be connected to local supports, appropriate to your family's needs.
- The Hub will always act professionally and respect confidentiality.

### Who can refer to the Hub?

- Any family member can request support from the Hub.
- A request for support can also be made, with your permission, by someone already working with you. For example, your child's school, a local community group or your Health Visitor.
- Each Service Request Form must be signed by an appropriate family member to confirm they are happy for the referral to go ahead.

### Who will my information be shared with?

All information will be treated in a confidential manner. Only relevant information will be discussed at a Family Support Hub meeting with Hub member organisations, in a way that does not identify you or your family. The information which you provide on the Service Request Form will only be shared with the service provider(s) that you decide is the best for you. A Service Request Form will not be accepted without a signature to confirm your consent.

### How will it work?

